

# A.F.H.S. TRACK AND FIELD STATE CHAMPIONS

(1950-2019)

- 1956 - 4X220 YD. RELAY  
1958 - FRANK COBUS - LONG JUMP  
1959 - RON COOK - DISCUS  
1962 - TOM DIMICK - SHOT PUT  
LARRY WILLIAMS - POLE VAULT  
1964 - 4X220 YD. RELAY  
1977 - ANN NELSON - SHOT PUT  
WELTHA MENDENHALL - DISCUS  
1979 - JANETTE BUHLER - SHOT PUT  
1980 - BOYS 4X400M. RELAY  
KIMBALL HANSEN - HIGH JUMP  
1981 - BOYS 4X400M. RELAY  
KEITH ROBINSON - 110M. HIGH HURDLES  
KEITH ROBINSON - 300M. HURDLES  
1982 - KEITH ROBINSON - 110M. HIGH HURDLES  
KEITH ROBINSON - 300M HURDLES  
1983 - ANNE HANSEN - HIGH JUMP  
1984 - MARILYN SMITH - 100M. DASH  
GIRLS 4X100M. RELAY  
ANNE HANSEN - HIGH JUMP  
1989 - BART JORGENSEN - 100M. DASH  
BART JORGENSEN - 200M. DASH  
1990 - WINDY JORGENSEN - 100M. DASH  
WINDY JORGENSEN - 200M DASH  
GIRLS 4X100M. RELAY  
GIRLS 4X400M. RELAY  
JEREMY DALTON - 100M. DASH  
1991 - WINDY JORGENSEN - 100M. DASH  
WINDY JORGENSEN - 200M. DASH  
TIFFANY LOTT - 100M. HURDLES  
GIRLS 4X100M. RELAY  
GIRLS 4X400M. RELAY  
ROB CHRISTENSEN - 800M. RUN  
1992 - WINDY JORGENSEN - 100M. DASH  
WINDY JORGENSEN - 200M. DASH  
MELINDA BOICE - HIGH JUMP  
GIRLS 4X100M. RELAY  
GIRLS 4X400M. RELAY  
CHRIS MERKLEY - 3200M. RUN  
NATHAN MILLS - LONG JUMP  
1993 - WINDY JORGENSEN - 100M. DASH  
WINDY JORGENSEN - 200M. DASH  
MELINDA BOICE - HIGH JUMP  
GIRLS 4X100M. RELAY  
GIRLS 4X400M. RELAY  
JOEL JORGENSEN - 100M DASH  
BOYS 4X100M. DASH  
BOYS MEDLEY RELAY  
1994 - GIRLS 4X400M. RELAY  
1995 - TAMBI JOGIS - LONG JUMP  
JOEL JORGENSEN - 200M. DASH  
1996 - SUZETTE BEARDALL - 100M. DASH  
SUZETTE BEARDALL - 200M. DASH  
SHANAE NIXON - LONG JUMP  
SHANAE NIXON - HIGH JUMP  
GIRLS 4X100M. RELAY  
1997 - LYNDSEY ARGYLE - 1600M. RUN  
LYNDSEY ARGYLE - 3200M. RUN  
SHANAE NIXON - LONG JUMP  
2000 - BRIAN NELSON - 800M. RUN  
2001 - CHRIS FOGT - 100M. DASH  
CHRIS FOGT - 200M. DASH  
BOYS 4X100M. RELAY  
2010 - AUSTIN WEST - 3200M. RUN  
2011 - AUSTIN WEST - 3200M RUN  
AUSTIN WEST - 1600M RUN  
2013 - BRAYDEN MCLELLAND - 3200M  
RUN  
2014 - ARIEL JOLLEY - POLE VAULT  
JONAH TRINNAMAN - 100M DASH  
CONNOR MCMILLAN - 3200M RUN  
2015 - CASEY CLINGER - 3200M RUN  
CASEY CLINGER - 1600M RUN  
2016 - CASEY CLINGER - 1600M RUN  
CASEY CLINGER - 3200M RUN  
2017 - CASEY CLINGER - 1600M RUN  
CASEY CLINGER - 3200M RUN  
JUSTIN HARMON - POLE VAULT  
BOYS MEDLEY RELAY  
2018 - LUKE GRUNDTVIG - 3200M RUN  
EMMA ALDRED - 100M HURDLES  
EMMA ALDRED - 300M HURDLES  
LAUREN RAWLINGS - HIGH JUMP  
2019 - JOE CORBRIDGE - 800M RUN  
LUKE GRUNDTVIG - 1600M RUN  
LUKE GRUNDTVIG - 3200M RUN