

Results**Girls 100 Meter Dash**

Name	Year	School	Finals	H#	Points
Finals					
1	41	Snowden, Blythe	American Fork	13.56	1 10
2	312	Hill, Mikaylee	Westlake	13.69	3 8
3	339	Rigamoto, Mya	Westlake	13.80	1 6
4	582	Wood , Hadley	Bingham	14.06	1 5
5	468	Koopmans , Makenna	Bingham	14.08	1 4
6	94	Hodson, Morgan	Lone Peak	14.14	3 3
7	300	Dille, Rachel	Westlake	14.36	1 2
8	134	Reinstein, Mya	Lone Peak	14.38	1 1
9	44	Tilton, Tori	American Fork	14.40	1
10	357	Wengreen, Anna	Westlake	14.46	1
11	337	Phillips, Amberly	Westlake	14.52	4
12	152	Symonds, Addison	Lone Peak	14.58	2
13	8	Briggs, Reagan	American Fork	14.62	4
14	558	Taylor , Brinley	Bingham	14.68	2
15	142	Simmons, Elizabeth	Lone Peak	14.85	2
16	498	Mitchell , Kenna	Bingham	14.99	3
17	443	Haws , Addison	Bingham	15.09	4
18	442	Hartle , Karly	Bingham	15.12	3
19	385	Bruner , Megan	Bingham	15.14	3
20	409	Dickson , Kennedy	Bingham	15.31	2
21	565	Toscano , Kiara	Bingham	15.44	4
21	136	Riggs, Maya	Lone Peak	15.44	3
23	18	Gear, Kaitlyn	American Fork	15.48	2
24	430	Gold , Sophie	Bingham	15.50	2
25	11	Ceja, Kayla	American Fork	15.54	3
26	427	Gardner , Jordyn	Bingham	15.59	4
27	481	Lopez , Caitlin	Bingham	15.79	4
28	42	Sorenson, Hannah	American Fork	16.06	2
29	255	Schramm, Kyla	Pleasant Grove	16.27	3
30	46	Webster, Jessica	American Fork	16.42	2
31	584	Wright , Alysse	Bingham	16.74	4
32	501	Morgan , Danielle	Bingham	17.44	4

Girls 400 Meter Dash

Name	Year	School	Finals	Points
1	110	Mason, Morgan	Lone Peak	1:05.85 10
2	288	Barrett, Ashley	Westlake	1:07.94 8
3	314	Hunting, Abbey	Westlake	1:08.49 6
4	362	Ackerman , Jayda	Bingham	1:09.07 5

Girls 1600 Meter Run

Name	Year	School	Finals	Points
1	111	Merrill, Sarah	Lone Peak	5:33.91 10
2	128	Pike, Elizabeth	Lone Peak	5:39.58 8
3	250	Runnels, Makaila	Pleasant Grove	5:40.65 6
4	213	Gomez, Melanie	Pleasant Grove	5:41.48 5
5	71	Daniels, Rebekah	Lone Peak	5:43.26 4
6	315	Jensen, Molly	Westlake	5:43.67 3
7	569	Vogler , Baylee	Bingham	5:43.97 2
8	141	Shumway, Julia	Lone Peak	5:51.22 1

Results**....Girls 1600 Meter Run**

9	342	Roth, Brittin	Westlake	5:51.56
10	548	Sorensen , Abigail	Bingham	5:54.28
11	591	Jackson, Sariah	American Fork	5:56.19
12	103	Lehnhof, Sadie	Lone Peak	5:56.43
13	344	Salle, Krissie	Westlake	5:59.68
14	13	Christlieb, Dani	American Fork	6:00.23
15	289	Brower, Bella	Westlake	6:00.93
16	496	Miller , Hope	Bingham	6:07.19
17	458	Jarrett , Caitlin	Bingham	6:08.19
18	2	Anderson, Kelsey	American Fork	6:09.95
19	438	Harker , Kelli	Bingham	6:13.34
20	348	Shoell, Sage	Westlake	6:13.61
21	532	Poulsen , Emily	Bingham	6:15.85
22	490	Mccleary , Morgan	Bingham	6:16.51
23	537	Reich , Mikayla	Bingham	6:18.67
24	14	Cluff, Adrianna	American Fork	6:24.57
25	26	Lunt, Chelda	American Fork	6:24.84
26	5	Barlow, Megan	American Fork	6:28.35
27	271	Weyand, Abby	Pleasant Grove	6:28.49
28	444	Hays , Holly	Bingham	6:32.00
29	601	Hawkes, Emily	Westlake	6:32.01
30	543	Rowe , Ashley	Bingham	6:34.43
31	31	McMillan, Scout	American Fork	6:35.45
32	12	Chase, Bekah	American Fork	6:35.88
33	6	Bateman, Rylee	American Fork	6:36.53
34	377	Brawand , Kilia	Bingham	6:36.97
35	317	Johnston, Bridget	Westlake	6:38.80
36	394	Child , Chloe	Bingham	6:40.49
37	150	Sunderlage, Greta	Lone Peak	6:41.16
38	267	Vander Wilt, Aly	Pleasant Grove	6:41.59
39	290	Brown, Pearl	Westlake	6:50.39
40	550	Spigarelli , Thea	Bingham	6:57.87
41	212	Frye, Brittany	Pleasant Grove	7:04.61
42	165	Walton, Gabrielle	Lone Peak	7:10.57
43	125	Pearson, Lauren	Lone Peak	7:20.53

Girls 100 Meter Hurdles

Name	Year	School	Finals	H#	Points
1	230	Lawrence, Olivia	Pleasant Grove	18.20	1 10
2	8	Briggs, Reagan	American Fork	18.32	1 8
3	335	Payne, Hayley	Westlake	18.37	1 6
4	51	Aagard, Aubrie	Lone Peak	18.58	1 5
5	462	Jolley , Maryn	Bingham	18.82	1 4
6	183	Baldwin, Macie	Pleasant Grove	19.12	1 3
7	298	Davies, Auralee	Westlake	20.67	1 2
8	320	Killoran, Lauren	Westlake	20.84	2 1
9	18	Gear, Kaitlyn	American Fork	21.14	1
10	135	Rhoton, Meilan	Lone Peak	21.34	2
11	478	Littlewood , Sadie	Bingham	21.94	2
12	11	Ceja, Kayla	American Fork	22.41	2
12	121	Nielson, Sydney	Lone Peak	22.41	2
14	409	Dickson , Kennedy	Bingham	22.46	2
15	46	Webster, Jessica	American Fork	22.76	2
16	129	Power, Allison	Lone Peak	24.51	2

Results**Girls 300 Meter Hurdles**

Name	Year	School	Finals	H#	Points
1	335	Payne, Hayley	Westlake	51.53	1 10
2	51	Aagard, Aubrie	Lone Peak	53.98	1 8
3	183	Baldwin, Macie	Pleasant Grove	55.21	2 6
4	230	Lawrence, Olivia	Pleasant Grove	55.28	1 5
5	135	Rhoton, Meilan	Lone Peak	56.02	3 4
6	336	Pelligrini, Kloie	Westlake	56.23	1 3
7	8	Briggs, Reagan	American Fork	56.75	2 2
8	462	Jolley, Maryn	Bingham	57.68	1 1
9	320	Killoran, Lauren	Westlake	59.01	3
10	121	Nielson, Sydney	Lone Peak	1:01.46	3
11	478	Littlewood, Sadie	Bingham	1:02.59	1
12	18	Gear, Kaitlyn	American Fork	1:03.09	2
13	46	Webster, Jessica	American Fork	1:03.70	2
14	255	Schramm, Kyla	Pleasant Grove	1:04.87	2
15	409	Dickson, Kennedy	Bingham	1:05.01	1
16	298	Davies, Auralee	Westlake	1:05.35	3
17	129	Power, Allison	Lone Peak	1:08.53	3

Girls 4x100 Meter Relay

School	Finals	Points
1 Westlake 'A'	54.68	10
2 American Fork 'A'	55.72	8
3 Lone Peak 'A'	56.72	6
4 Bingham 'A'	57.69	5
5 Bingham 'B'	x58.60	

Girls High Jump

Name	Year	School	Finals	Points
1	169	Wilding, Sarai	Lone Peak	4-04.00 10
--	550	Spigarelli, Thea	Bingham	NH

Girls Long Jump

Name	Year	School	Finals	Points
1	335	Payne, Hayley	Westlake	15-09.50 10
2	339	Rigamoto, Mya	Westlake	14-09.00 8
3	44	Tilton, Tori	American Fork	14-04.50 6
4	357	Wengreen, Anna	Westlake	14-03.00 5
5	21	Harward, Brinly	American Fork	13-11.25 4
6	337	Phillips, Amberly	Westlake	13-08.50 3
7	130	Pulsipher, Lauren	Lone Peak	13-08.00 2
8	300	Dille, Rachel	Westlake	13-07.50 1
9	345	Scheiss, Cortnie	Westlake	13-01.50
10	298	Davies, Auralee	Westlake	12-11.75
11	108	Magleby, Josephine	Lone Peak	12-07.50
12	106	Lloyd, Katelyn	Lone Peak	12-07.00
13	121	Nielson, Sydney	Lone Peak	12-06.25
14	255	Schramm, Kyla	Pleasant Grove	11-10.50
--	149	Stott, Olivia	Lone Peak	FOUL

Results**Girls Shot Put**

Name	Year	School	Finals	Points
1 339 Rigamoto, Mya		Westlake	28-08.00	10
2 328 McHenry, Sabrina		Westlake	24-02.00	8
3 345 Scheiss, Cortnie		Westlake	19-11.00	6

Girls Discus Throw

Name	Year	School	Finals	Points
1 597 Pluder, Sarah		American Fork	65-08.50	10
2 345 Scheiss, Cortnie		Westlake	54-04	8
3 595 Voylance, Heaven		American Fork	53-03	6
4 593 Martinez, Lindsey		American Fork	46-02.50	5

Girls Javelin Throw

Name	Year	School	Finals	Points
1 334 Paletta, Ashton		Westlake	64-03	10
2 595 Voylance, Heaven		American Fork	63-10	8
3 594 Anderson, Nannan		American Fork	48-05	6
4 21 Harward, Brinly		American Fork	46-07	5
5 593 Martinez, Lindsey		American Fork	46-06.50	4
6 14 Cluff, Adrianna		American Fork	43-01	3
7 26 Lunt, Chelda		American Fork	28-01.50	2

Boys 100 Meter Dash

Name	Year	School	Finals	H#	Points
1 585 Wright , Zaiden		Bingham	11.76	1	10
2 205 Durfey, Cort		Pleasant Grove	11.88	1	8
3 240 McSpadden, Truxton		Pleasant Grove	11.95	3	6
4 260 Smith, Matt		Pleasant Grove	12.11	1	5
5 82 Glover, Aedan		Lone Peak	12.21	1	4
6 291 Bullock, Jake		Westlake	12.23	1	3
7 509 Nguyen , Devin		Bingham	12.27	3	2
8 512 Nigh , Heston		Bingham	12.33	1	1
9 602 Young, Austin		Westlake	12.39	4	
10 25 Lawrence, Zach		American Fork	12.40	2	
11 399 Colton , James		Bingham	12.44	4	
12 195 Carbine, David		Pleasant Grove	12.45	2	
13 184 Bayles, Kolton		Pleasant Grove	12.47	3	
13 246 Powell, Logan		Pleasant Grove	12.47	2	
15 529 Polatis , Jared		Bingham	12.49	5	
16 479 Llewellyn , Adam		Bingham	12.59	5	
17 368 Beal , Austin		Bingham	12.63	4	
18 398 Cocola , Chase		Bingham	12.64	4	
19 7 Bradford, Roman		American Fork	12.65	1	
19 54 Allen, Clayton		Lone Peak	12.65	2	
21 525 Patino , Edward		Bingham	12.66	5	
22 367 Bastian , Connor		Bingham	12.67	3	
23 446 Holthausen , Gerse		Bingham	12.68	1	
24 354 Wadley, Ammon		Westlake	12.85	3	
25 401 Cousineau , Quinn		Bingham	12.92	5	
26 497 Mitchell , Colton		Bingham	12.98	4	

Results**....Boys 100 Meter Dash**

27	33	Miller, Caden	American Fork	13.12	3
28	97	Jackson, Matthew	Lone Peak	13.15	2
29	361	(wilson) Juan , Yu	Bingham	13.16	5
30	157	Timothy, Tristan	Lone Peak	13.24	2
31	198	Christiansen, Samu	Pleasant Grove	13.45	2
32	486	Martin , Brett	Bingham	13.51	4
33	573	Weaver , Wayne	Bingham	13.66	3
33	28	Matthews, Caleb	American Fork	13.66	3
35	510	Nguyen , William	Bingham	13.74	4
36	4	Baird, Andrew	American Fork	13.86	5
37	29	McBride, Ben	American Fork	13.88	5
38	473	Larson , Kade	Bingham	14.01	5
39	560	Thianchao , Nattap	Bingham	14.13	4

Boys 400 Meter Dash

Name	Year	School	Finals	H#	Points
1	260	Smith, Matt	Pleasant Grove	56.03	1 10
2	424	Fuhriman , Jacob	Bingham	56.66	1 8
3	449	Hunter , Merrill	Bingham	56.71	1 6
4	246	Powell, Logan	Pleasant Grove	56.91	1 5
5	37	Rasmussen, Matthew	American Fork	57.21	1 4
6	4	Baird, Andrew	American Fork	57.84	3 3
7	198	Christiansen, Samu	Pleasant Grove	58.58	1 2
8	479	Llewellyn , Adam	Bingham	58.89	3 1
9	349	Smith, Matthew	Westlake	59.35	1
10	416	Ekins , Matthew	Bingham	59.99	2
11	295	Chappell, Tanner	Westlake	1:01.56	1
12	545	Seeley , Nathaniel	Bingham	1:01.83	2
13	497	Mitchell , Colton	Bingham	1:02.08	2
14	29	McBride, Ben	American Fork	1:02.09	3
15	391	Carlson , Ethan	Bingham	1:03.23	2
16	560	Thianchao , Nattap	Bingham	1:07.23	3

Boys 1600 Meter Run

Name	Year	School	Finals	Points
1	305	Glover, Ethan	Westlake	4:45.80 10
2	61	Bradshaw, Caleb	Lone Peak	4:46.33 8
3	330	Moffatt, Michael	Westlake	4:46.46 6
4	87	Hartshorn, Alexand	Lone Peak	4:46.83 5
5	351	Taylor, Noah	Westlake	4:49.37 4
6	138	Rummler, Dallin	Lone Peak	4:49.87 3
7	4	Baird, Andrew	American Fork	4:50.98 2
8	113	Miller, Jack	Lone Peak	4:52.54 1
9	22	Herzog, Justin	American Fork	4:52.62
10	258	Simko, Spencer	Pleasant Grove	4:53.29
11	1	Allred, Bryson	American Fork	4:58.94
12	29	McBride, Ben	American Fork	5:00.16
13	62	Bybee, Jake	Lone Peak	5:00.51
14	243	Palmer, Wade	Pleasant Grove	5:00.94
15	570	Vogler , Jackson	Bingham	5:01.14
16	132	Rasmussen, Isaac	Lone Peak	5:01.56
17	318	Jones, Nicolas	Westlake	5:02.38
18	192	Buchanan, Jason	Pleasant Grove	5:02.68

Results**....Boys 1600 Meter Run**

19	118 Mott, Tristan	Lone Peak	5:02.81
20	313 Hokanson, Fielding	Westlake	5:03.38
21	301 Dollar, Ethan	Westlake	5:03.88
22	433 Guymon , Isaiah	Bingham	5:04.51
23	294 Call, Jay	Westlake	5:04.93
24	208 Evans, Peter	Pleasant Grove	5:05.22
25	59 Bird, Samuel	Lone Peak	5:08.07
26	73 Doman, Luke	Lone Peak	5:08.15
27	296 Clark, Will	Westlake	5:08.89
28	531 Porter , Teague	Bingham	5:09.88
29	281 Anderson, Carter	Westlake	5:10.35
30	415 Dyal , Joshua	Bingham	5:15.54
31	32 McQuivey, Mason	American Fork	5:15.59
32	309 Hawkes, Ty	Westlake	5:17.16
33	405 Davidson , Micah	Bingham	5:19.23
34	461 Jolley , Jake	Bingham	5:21.70
35	419 Estrada , Erick	Bingham	5:22.60
36	47 Williams, Tyson	American Fork	5:23.01
37	186 Bean, Cameron	Pleasant Grove	5:23.51
38	358 Westphal, Kyler	Westlake	5:23.56
39	99 Johnsen, Eli	Lone Peak	5:24.17
40	338 Raff, Joey	Westlake	5:24.30
41	56 Bandlely, Jack	Lone Peak	5:24.81
42	321 Kunz, Nate	Westlake	5:26.96
43	159 Tooley, Eli	Lone Peak	5:26.98
44	551 Stanley , Cygen	Bingham	5:27.79
45	494 Miller , Caden	Bingham	5:28.34
46	387 Burnett , Dillan	Bingham	5:28.43
47	307 Harper, Dustin	Westlake	5:29.05
48	323 Leatherwood, Jacks	Westlake	5:32.12
49	293 Call, Harrison	Westlake	5:32.90
50	117 Mott, Oliver	Lone Peak	5:36.04
51	578 White , Mahonri	Bingham	5:36.26
52	472 Larson , Jacob	Bingham	5:37.29
53	475 Lee , Gavin	Bingham	5:39.20
54	144 Smith, Ethan	Lone Peak	5:43.63
55	100 Judd, Brandon	Lone Peak	5:44.97
56	588 Young , Peter	Bingham	5:49.45
57	247 Price, Bryant	Pleasant Grove	5:52.16
58	93 Hodges, Preston	Lone Peak	5:56.93
59	552 Stepan , Michael	Bingham	5:58.63
60	502 Morris , Damion	Bingham	6:00.55
61	600 Arrington, Andrew	Lone Peak	6:01.58
62	316 Jensen, Ozkar	Westlake	6:02.47
63	122 Ollerton, Landon	Lone Peak	6:02.83
64	286 Balter, Adam	Westlake	6:07.40
65	603 ?, Bryce	Unattached	6:34.52
65	431 Green , Jacob	Bingham	6:34.52
67	158 Toney, Ricky	Lone Peak	6:57.10
68	476 Leifson , Brockton	Bingham	7:09.70

Boys 110 Meter Hurdles

=====				
Name	Year	School	Finals	Points
=====				
1	360	Wolff, Luke	Westlake	18.80 10
2	55	Asay, Nathan	Lone Peak	20.75 8

Results**....Boys 110 Meter Hurdles**

3	412 Dwyer , Daniel	Bingham	21.40	6
4	587 Young , Kahill	Bingham	21.92	5
5	160 Towle, Tucker	Lone Peak	27.16	4
--	29 McBride, Ben	American Fork	DQ	25.64 under hurdles
--	4 Baird, Andrew	American Fork	DQ	25.74 under hurdles

Boys 4x100 Meter Relay

School	Finals	Points
1 Bingham 'A'	46.79	10
2 Bingham 'B'	x49.88	
3 American Fork 'A'	49.93	8
4 American Fork 'B'	x51.61	

Boys High Jump

Name	Year School	Finals	Points
1 346 Sellick, Mark	Westlake	5-06.00	10
2 283 Anderson, Coulsen	Westlake	5-04.00	8
3 15 Corey, James	American Fork	J5-04.00	6
4 354 Wadley, Ammon	Westlake	5-00.00	4.50
4 500 Moon , Preston	Bingham	5-00.00	4.50
6 559 Taylor , Jason	Bingham	J5-00.00	3
7 604 Banhan, Connor	Bingham	J5-00.00	2
-- 372 Bingham , Matthew	Bingham	NH	
-- 499 Moon , Jaden	Bingham	NH	
-- 398 Cocola , Chase	Bingham	NH	

Boys Long Jump

Name	Year School	Finals	Points
1 346 Sellick, Mark	Westlake	19-03.00	10
2 82 Glover, Aedan	Lone Peak	18-08.50	8
3 283 Anderson, Coulsen	Westlake	18-02.00	6
4 205 Durfey, Cort	Pleasant Grove	17-06.00	5
5 160 Towle, Tucker	Lone Peak	17-00.25	4
6 55 Asay, Nathan	Lone Peak	16-08.75	3
7 446 Holthausen , Gerse	Bingham	16-07.50	2
8 559 Taylor , Jason	Bingham	16-04.50	1
9 354 Wadley, Ammon	Westlake	16-04.00	
10 368 Beal , Austin	Bingham	15-08.25	
11 163 Walch, Ammon	Lone Peak	15-01.00	
12 341 Rosen, Britten	Westlake	14-04.25	
13 401 Cousineau , Quinn	Bingham	12-06.00	

Boys Shot Put

Name	Year School	Finals	Points
1 223 Jensen, Jake	Pleasant Grove	39-00.00	10
2 299 Deuel, Spencer	Westlake	35-09.00	8
3 148 Spencer, Jake	Lone Peak	34-01.00	6
4 599 Harmon, Andrew	American Fork	30-07.00	4.50
4 473 Larson , Kade	Bingham	30-07.00	4.50

Results**....Boys Shot Put**

6	199 Clegg, (Jason) Chr	Pleasant Grove	28-10.00	2.50
6	151 Sutherland, Kade	Lone Peak	28-10.00	2.50
8	598 Webster, James	American Fork	28-01.00	1
9	516 Olschewski , Brayd	Bingham	23-03.00	
10	465 Kemp , Palmer	Bingham	22-04.00	

Boys Discus Throw

Name	Year School	Finals	Points
1	473 Larson , Kade	Bingham	88-07 10
2	299 Deuel, Spencer	Westlake	88-06 8
3	199 Clegg, (Jason) Chr	Pleasant Grove	87-01 6
4	148 Spencer, Jake	Lone Peak	81-02.50 5
5	599 Harmon, Andrew	American Fork	71-08.50 4
6	151 Sutherland, Kade	Lone Peak	71-06.50 3
7	592 McCallister, Carso	American Fork	62-01 2
8	465 Kemp , Palmer	Bingham	61-06 1
9	598 Webster, James	American Fork	60-01.50

Boys Javelin Throw

Name	Year School	Finals	Points
1	299 Deuel, Spencer	Westlake	109-03 10
2	354 Wadley, Ammon	Westlake	104-11 8
3	199 Clegg, (Jason) Chr	Pleasant Grove	103-06 6
4	500 Moon , Preston	Bingham	103-04.50 5
5	599 Harmon, Andrew	American Fork	100-00 4
6	465 Kemp , Palmer	Bingham	98-08 3
7	592 McCallister, Carso	American Fork	97-09 2
8	151 Sutherland, Kade	Lone Peak	95-10.50 1
9	486 Martin , Brett	Bingham	93-06.50
10	148 Spencer, Jake	Lone Peak	58-01

Women - Team Rankings - 11 Events Scored

1) Westlake	134	2) American Fork	87
3) Lone Peak	72	4) Pleasant Grove	35
5) Bingham	26		

Men - Team Rankings - 10 Events Scored

1) Westlake	105.50	2) Bingham	85
3) Pleasant Grove	65.50	3) Lone Peak	65.50
5) American Fork	40.50		