

# CAVEMAN TRACK & FIELD



## 2024 Meet Schedule

All athletes participate in the four region tri meets, the Red and White Meet, and either JV Region or the Region Championships (at least 6 meets total). On top of that, qualifying varsity athletes will compete at invitationals. Athletes are allowed to compete in a maximum of 8 state qualifying meets and a total of 14 meets, including the region and state championships.

| Date                    | Track Meet Name                         | Location                              | Time(s)                            |
|-------------------------|-----------------------------------------|---------------------------------------|------------------------------------|
| Tuesday, March 5        | Red and White Meet                      | American Fork HS                      | 2:30 pm                            |
| Tuesday, March 12       | American Fork, Lehi, Westlake           | Westlake HS                           | 2:30 pm                            |
| *Fri./Sat., March 15-16 | Early Bird Invitational                 | Mountain View HS                      | 3:00 pm<br>9:00 am                 |
| Tuesday, March 19       | Lone Peak, Skyridge, American Fork      | Skyridge HS                           | 2:30 pm                            |
| *Fri./Sat., March 22-23 | Pine View Invitational                  | Pine View HS (St. George)             | 2:00 pm<br>9:00 am                 |
|                         |                                         |                                       |                                    |
| Tuesday, March 26       | Lehi, Am. Fork (JV), Pleasant Grove     | Pleasant Grove HS                     | 2:30 pm                            |
| *Wed./Thu., March 27-28 | Alpha Invitational                      | Timpanogos HS                         | 2:00 pm<br>3:00 pm                 |
| Tuesday, April 9        | American Fork, Pleasant Grove, Skyridge | American Fork HS                      | 2:30 pm                            |
| *Fri./Sat., April 12-13 | Utah County Invitational                | Skyridge HS                           | 12:00 pm<br>9:00 am                |
| *Friday, April 19       | Caveman Classic                         | American Fork HS                      | 2:00 pm                            |
| Tuesday, April 23       | JV Region                               | Pleasant Grove HS                     | 2:30 pm                            |
| *Saturday, April 27     | Tiger Trials                            | American Fork HS                      | 8:00 am                            |
| *Fri./Sat., May 3-4     | BYU Invitational                        | BYU                                   | 8:00 am<br>8:00 am                 |
| *Wed./Thur., May 10-11  | Region 4 Championships                  | Lehi HS (pole vault at AFHS on Tues.) | 2:30 pm<br>2:30 pm                 |
| Thur./Sat., May 16, 18  | Utah State Championships                | BYU                                   | 10:00 am (Thur.)<br>8:00 am (Sat.) |
| Tuesday, May 21         | Track Banquet                           | AFHS Cafeteria                        | 6:00 pm                            |

\*State Qualifying Meet

Go to this website to see the current track calendar: <https://cavemantrack.weebly.com/track-calendar.html>